

Kamlesh Manobal Support Program

Named in loving memory of Kamlesh, a mother whose quiet strength carried us through life — and whose absence left a silence we still feel — this program is born from both her love and our grief.

The Kamlesh Manobal Support Program offers free in-person mental health consultations to students who are silently struggling with anxiety, depression, emotional pain, or trauma. It is our way of turning loss into care, and sorrow into strength — so that no one else has to face the storm alone.

✨ “Manobal” means inner strength — the same strength she gave us. Now, we pass it on.

Eligibility

- Students aged 15–30, enrolled in a school, college, university, or vocational program in India
- Experiencing emotional distress such as anxiety, depression, academic burnout, grief, or loneliness
- From low- or middle-income families with no access to institutional mental health support

What's Needed

- Valid student ID or admission letter
- A brief written or verbal self-declaration of need
- * Optional: referral from a teacher, parent, or peer

Priority to

- First-generation learners
- Students from underserved or rural backgrounds
- Young individuals facing recent loss, trauma, or crisis

This program is not just a service — it's a promise: that strength can be found again, even in the depths of sorrow. And healing is possible, with a little help and a lot of heart.